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## CLAIMS

- 1. Intravenous nanoparticles for targeting drug delivery and sustained drug release, characterized in that a low-molecular weight, water-soluble and non-peptide drug is made hydrophobic by metal ion and is encapsulated in nanoparticles formed with poly(lactic-co-glycolic acid) or poly(lactic acid), and a surfactant is applied to the surface of the nanoparticles of poly(lactic-co-glycolic acid) or poly(lactic acid).
- 2. The intravenous nanoparticles according to claim 1, 10 wherein the particles have a diameter of 50 to 300nm.
  - 3. The intravenous nanoparticles according to claim 1, wherein the low-molecular weight, water-soluble and non-peptide drug has a molecular weight of 1000 or lower.
- 4. The intravenous nanoparticles according to claim 1,
  15 wherein the metal ion is any of zinc, iron, copper, nickel,
  beryllium, manganese, and cobalt.
  - 5. The intravenous nanoparticles according to claim 1, wherein the low-molecular weight, water-soluble and non-peptide drug has a phosphate group to make the drug susceptible to hydrophobicization by the metal ion.
  - 6. The intravenous nanoparticles according to claim 1, wherein the low-molecular weight, water-soluble and non-peptide drug has a carboxyl group to make the drug susceptible to hydrophobicization by the metal ion.
- 7. The intravenous nanoparticles according to claim 1, wherein the low-molecular weight, water-soluble and non-peptide drug is a steroidal anti-inflammatory drug, a non-steroidal anti-inflammatory drug, a prostanoid, an antimicrobial drug, or an anticancer drug.
- 30 8. The intravenous nanoparticles according to claim 1, wherein the surfactant is a polyoxyethylene polyoxypropylene glycol, a polysorbate, a polyoxyethylene octylphenyl ether, a lecithin, or a polyvinylalcohol.

WO 2004/084871 PCT/JP2004/003246

23

9. A method for producing intravenous nanoparticles for targeting drug delivery and sustained drug release, comprising the steps of:

hydrophobicizing a low-molecular weight, water-soluble and non-peptide drug by the use of metal ion;

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dissolving or suspending, along with a poly(lactic-co-glycolic acid) or a poly(lactic acid), the hydrophobicized drug in a water-miscible organic solvent; and

adding the resulting solution or the suspension to an aqueous solution of a surfactant to apply the surfactant to the surface of the nanoparticles.

- 10. The method for producing intravenous nanoparticles according to claim 9, wherein the particles have a diameter of 50 to 300nm.
- 15 11. The method for producing intravenous nanoparticles according to claim 9, wherein the low-molecular weight, water-soluble and non-peptide drug has a molecular weight of 1000 or lower.
  - 12. The method for producing intravenous nanoparticles according to claim 9, wherein the metal ion is any of zinc, iron, copper, nickel, beryllium, manganese, and cobalt.
  - 13. The method for producing intravenous nanoparticles according to claim 9, wherein the low-molecular weight, water-soluble and non-peptide drug has a phosphate group to make the drug susceptible to hydrophobicization by the metal ion.
- 25 14. The method for producing intravenous nanoparticles according to claim 9, wherein the low-molecular weight, water-soluble and non-peptide drug has a carboxyl group to make the drug susceptible to hydrophobicization by the metal ion.
- 15. The method for producing intravenous nanoparticles
  30 according to claim 9, wherein the low-molecular weight, watersoluble and non-peptide drug is a steroidal anti-inflammatory drug,
  a non-steroidal anti-inflammatory drug, a prostanoid, an
  antimicrobial drug, or an anticancer drug.

WO 2004/084871

10

24

- 16. The method for producing intravenous nanoparticles according to claim 9, wherein the surfactant is a polyoxyethylene polyoxypropylene glycol, a polysorbate, a polyoxyethylene octylphenyl ether, lecithin, or a polyvinylalcohol.
- 5 17. An anti-inflammatory/anti-rheumatoid drug containing nanoparticles encapsulating a water-soluble steroid according to claim 1, as an active ingredient.
  - 18. The anti-inflammatory/anti-rheumatoid drug according to claim 17, wherein the water-soluble steroid is betamethasone phosphate.